

ALSO TRY

MAMASITA

Level 1, 11 Collins Street,
Melbourne, 9650 3821.
Fri-Sat lunch, daily dinner

Just about everything here is gluten-free or can be made so on request. It's easy to fill up on tacos but don't forget acompañamientos such as the pulse salad with black beans, corn and spiced yoghurt.



MARKET ON MALVERN

388 Malvern Road,
Prahran, 9529 7701.
Daily breakfast and lunch

MOM thinks about food as medicine with an allergy-friendly menu that caters to all kinds of dietary needs and preferences. Consider the mushroom pho with chia seeds, kelp noodles and zucchini spirals.



DINKNESH LUCY

227 Barkly Street,
Footscray, 9687 8644.

