

PRAHRAN

Delicious dishes for every diet

MOM'S the word at Prahran's newest cafe, Market on Malvern, where guests are served delicious wholesome meals that cater to every allergy or dietary requirement.

Dr Anthony Yeuong, who has completed certificates in food allergy training as well as allergy and anaphylaxis, opened the cafe as part of his Beingwell Healthcare clinic. Together with ex-Nobu London sous-chef David Selex he has designed a menu with dishes that aim to combat low energy levels, digestion problems, sleep and stress.

Popular meals include the energy-boosting sweet potato with avocado, and hemp protein hummus and red rice miso eggplant with sesame greens, which aids digestion.

**MOM Cafe is at 388 Malvern Rd
Prahran. Phone: 9529 7701.**