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The Hot List: Smoked cocktails, canned butter, Dolce & Gabbana fridges, and more

SOFIA LEVIN Feb 7 2017 at 12:15 AM



A healthy breakfast bowl from Market on Malvern, in Prahran, Melbourne. Photo: Francine Schaepper

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It's not enough to simply dub a menu "healthy" these days, with operators injecting professional knowledge into creating their dishes. In Melbourne, newly opened Market on Malvern is run by a doctor and located inside Prahran's Beingwell Healthcare; old favourite Serotonin Eatery serves dishes containing ingredients said to release the happy neurotransmitters in the brain; and in Sydney Orchard Street Elixir Bar in Bondi and Orchard Street Dispensary in Bronte are run by naturopath and nutritionist Kirsten Shanks.